

# Seaton Park Primary School – Physical Education

## Curriculum

At Seaton Park we believe that physical education is important for students because it improves students' physical, social and academic skills. Students at Seaton Park participate in two lessons of physical education a week with a specialist physical education teacher. Classroom teachers provide opportunities for physical activity during other times of the week. Students also participate in sporting clinics for different sports and participate in swimming and aquatics. We follow the Australian Curriculum for Health and PE.

## After school sport

We believe that it is important for every student to have the opportunity to participate in after school sport or physical activity. During 2016, with the help of Sporting Schools funding, students have been able to participate in gymnastics, netball, soccer, basketball, tennis, touch football and badminton after school for free.

Every year, students have the opportunity to play soccer on Saturday mornings in the NWJSA primary school soccer competition. We have entered teams in all age groups and have been successful, winning the U12 knockout cup and league competition. Students also participate in local futsal competitions.

We have entered netball, basketball, indoor soccer and futsal teams into local after school sporting competitions at St. Clair Recreation Centre, the Parks Community Centre and LeFevre Community Stadium.

## SAPSASA

Students have the opportunity to participate in SAPSASA events. We have entered teams in athletics, cross country, basketball, beach volleyball, touch football and badminton. We have had some very successful teams, winning the State Championships for touch football and winning beach volleyball.

## Fundamental movement skills

Fundamental movement skills are the building blocks for participation in physical activity and include skills such as throwing, catching, kicking, striking, running, dodging, jumping, skipping and hopping. Our PE teacher is also a qualified physiotherapist and is able to identify students who need extra support with developing these skills. In collaboration with the University of South Australia, students who need extra support have participated in programs to develop their skills run by physiotherapy students and a physiotherapist.